

# Christina Jefferson Brehm

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## SUMMARY

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### **Sincere, joyful & God-centered parent and music teacher aligned with Waldorf philosophy of education**

- ✓ Accomplished and energetic music professional known for excellent people skills and positive attitude.
- ✓ Brings 9 years cumulative experience teaching voice, piano, & guitar lessons with focus on inspiring passionate performances as well as 9 years of solid experience as a performing singer and musician with noteworthy skills leading other musicians and planning music programs.
- ✓ Clear understanding of pentatonic scale and mood of the fifth music in enabling young children's imagination that fuels their ability to realize their potential.
- ✓ Currently homeschooling preschool daughter in the Waldorf philosophy using Lavender's Blue website, books on Waldorf, and relationships with other Waldorf educators at River Valley Waldorf School.

**Instruments:** Formal training in Voice & Piano; self-taught in Guitar & Ukulele, Harmonium & Kinder Lyre

## SKILLS

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- Teaching and guiding with patience, encouragement and kindness
- Instilling confidence in students by learning and adapting to various learning and communication styles
- Leading and guiding instrumentalists and vocalists of all ages
- Connecting music with messages, feelings and spirituality - interested in eurhythmy training
- Learning/trying new techniques, music and technology - great general abilities on PC and Mac

## EDUCATION

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**BA in Music, concentration in Vocal Performance**, summa cum laude, Kutztown University, Kutztown, PA 2002  
Credits in language and culture (summer abroad), Université de Nance, Nancy, France 1997  
Credits in Communication, Allentown College of St. Francis De Sales, Allentown, PA 1997

## TRAINING & CERTIFICATIONS

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Family Homeopathy Certification (in process), Upper Black Eddy, PA 2/2016  
Homeopathy Made Simple Certification, Denise Timofai, D.Hom., C.Hom., Upper Black Eddy, PA 4/2015  
Reiki Master and Teacher Certification, Liz Connor, Reiki Master, Yardley, PA 2011

## TEACHING EXPERIENCE

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**Private Voice, Piano, Guitar and Ukulele Teacher**, SELF-EMPLOYED, Warminster, PA 2010-Present  
Teaches vocal technique and vocal performance with focus on relaxation, breathe, support, resonance, tonality, and the art of delivering a passionate authentic performance. Students discover the joyful healing power of music.

Tailors lessons to each individual's unique gifts, needs, and special love of music, and may involve both live performances and recording projects. Youngest student, 8 years old.

- Flexible with learning styles and physical abilities. Carefully watches and listens to students, what they are saying with their bodies and how are they responding to what is said. Intuits their needs, sensory and otherwise. Currently teaching two students on the autistic spectrum, and has taught students with physical injuries and limitations.
- Learns student goals using careful intake process, and supports students in achieving them:
  - Prepares high school students who seek out help for school play auditions and solos. In as few as two lessons, is able to get students to achieve performing at a whole new level.
  - Provided resources and professional guidance for long-time student (4 years) whose goal was to record a CD. Set up environment for recording and captured vocal take during her lessons, then produced a CD with it. Student loved it and gave it to all her friends and family as gifts.

- Helped another long-time young student with learning disability to achieve her dream of wanting to “use my music to help orphans” by promoting student recital as a fundraiser for Hogar Inmaculado Corazon De Maria orphanage in El Salvador. Connected music students with the children recipients in El Salvador on Skype.

**Teaching Assistant, Parent & Toddler Class**, RIVER VALLEY WALDORF SCHOOL, Upper Black Eddy, PA 2014  
 Helped teacher with classroom of 0–3 year olds and their caregivers during Garden Gate 3-hour class once weekly, February to June. Attended 3 terms with daughter, one as TA. Learned how to be in the Waldorf rhythm.

**Reiki Practitioner & Teacher**, SELF-EMPLOYED 2011–Present  
 Certified to practice Reiki at Master level. Also certified to teach and has taught all three levels of Reiki including the teacher level.

**Vocal Teacher**, SELF-EMPLOYED, Falkland Islands 2011  
 Created and taught vocal master classes to school children 4<sup>th</sup>–8<sup>th</sup> grades during music tour.

**Private Vocal Coach**, LANCASTER MUSICAL EDUCATION CENTER, Lancaster, PA 2002–2003  
 Taught vocal technique and vocal performance.

### OTHER RELEVANT EXPERIENCE

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**Singer / Songwriter / Performer / Recording Artist**, SELF-EMPLOYED 1997–2011

- Performed hundreds of concerts each year, including opening for Kansas and touring internationally.
- Collaborated with Buck Dharma of Blue Oyster Cult who contributed guitar leads to recording.
- Created, established, and ran a record label; wrote, recorded and released 7 CDs, all internationally distributed through iTunes and online distributors; and sold thousands of CDs and digital downloads.
- Operated recording software and audio systems for recording music in studio and live performance settings; generated concert promotions and wrote press releases.
- Performed for live audiences of up to 10,000 people, on TV and radio – featured in newspapers and magazines internationally. Won 2 international songwriting competitions.
- Worked under the direction of well-known music producers including Shelly Yakus (U2, John Lennon, Tom Petty, and Stevie Nicks) and Richard Blakin (Frank Sinatra, Bob Dylan, and Paul Simon).
- Member of Celtic trio, Celtic Sunrise, under the direction of Cathy Miller 2007–2009.

### PRESENTATIONS

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“What is Reiki – My Reiki Journey” to nursing students in Alternative Methods of Healing holistic course for Professor Christine Krause MSN, CPNP, Level Chair, Aria Health School of Nursing, Penn State University Instructor, Penn State University, Abington Campus, June, 2014

### COMMUNITY SERVICE

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Donates performances, funds from CD sales and student recitals, and song usage for non-profit and community organizations and events including: American Red Cross, Animal Life Line, HealthLink, Big Brothers Big Sisters, Alex’s Lemonade Stand, Hepatitis B Foundation, The Mother Daughter Summit, Doylestown Hospital “Hear Her Heart” CD compilation, and First Fridays in Doylestown.

Provided music direction for 4<sup>th</sup> and 5<sup>th</sup> graders at Bridge Valley Elementary School in Bucks County, PA for a Coffeehouse Concert that raised money for Hogar Inmaculado Corazon De Maria orphanage in El Salvador 2013

Assists local K–5 Spanish teacher by singing for her K–2 students in the classroom annually.